FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D	.C. 20549
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OMB APPROVAL						
OMB Number:	3235-0287					
Estimated average burden						
hours per response:	0.5					

Section obligat	this box if no long 16. Form 4 or ions may contition 1(b).		STAT		ursuan	t to Section	n 16((a) of the Secure Investment C	rities Exchan	ge Act of 1		ΗP	OMB N Estimat hours p	ted ave	erage burden	0.5
1. Name ar <u>Unfried</u>		f Reporting Person*						ker or Trading		[BERY		ck all applica Director	able)	Perso	on(s) to Issue	ner
(Last) (First) (Middle) 101 OAKLEY STREET					3. Date of Earliest Transaction (Month/Day/Year) 10/03/2012					— >	X Officer (give title Other (specify below) See Remarks					
(Street) EVANSV (City)		N State)	47710 (Zip)	4	. If Am	endment,	Date	of Original File	d (Month/Da	Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
		Tá	ıble I - Non-	-Derivat	ive S	ecuritie	s A	cquired, D	sposed o	f, or Bei	neficially	Owned				
Date			2. Transacti Date (Month/Day	Execution Date		Code (Instr. 8)		tr. 3, 4 and 5	Securities Beneficially Owned Fol Reported		Form:	Direct Ir Indirect B str. 4)	7. Nature of ndirect Beneficial Ownership (Instr. 4)			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Table II - D (6 3A. Deemed Execution Date if any (Month/Day/Ye	e.g., put 4. Transa Code	s, cal		er of e s I (A) sed str.	Code V quired, Dis s, options, 6. Date Exerc Expiration Da (Month/Day/Y	convertil	or Bene ble secu	eficially (rities) d Amount ies g	(Instr. 3 ar		s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Number of Shares					
Employee Stock Option (Right to Buy)	\$ 1 6	10/03/2012		A		100,000		10/03/2013 ⁽¹⁾	10/03/2022	Common Stock	100,000	\$0	267,58	0	D	

Explanation of Responses:

1. Option vests 20% on each of the first five anniversaries of the date of grant, subject to the terms and conditions of the plan and award agreement.

Remarks:

President - Rigid Packaging - Open Top

/s/ Jeffrey D. Thompson, as attorney-in-fact

10/05/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

The undersigned hereby constitutes and appoints each of James M. Kratochvil, Mark W. Miles and Jeffrey D. Thompson, signing singly, as the undersigned's true and lawful attorney-in-fact to:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as a director and/or officer of Berry Plastics Group, Inc. (the "Company"), Forms 3, 4 and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder (the "Exchange Act") and Form ID, if necessary, to obtain EDGAR codes and related documentation for use in filing Forms 3, 4 and 5;
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4 or 5 or Form ID, complete and execute any amendment or amendments thereto, and file such forms with the United States Securities and Exchange Commission and any stock exchange or similar authority;
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in- fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-infact's discretion; and
- (4) seek or obtain, as the undersigned's attorney-in-fact and on the undersigned's behalf, information regarding transactions in the Company's securities from any third party, including brokers, employee benefit plan administrators and trustees, and the undersigned hereby authorizes any such person to release any such information to such attorney-in-fact and approves and ratifies any such release of information.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in connection with the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney- in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Exchange Act.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

This Power of Attorney does not relieve the undersigned from responsibility for compliance with the undersigned's obligations under the Exchange Act, including, without limitation, the reporting requirements under Section 16 of the Exchange Act. Additionally, although pursuant to this Power of Attorney the Company will use commercially reasonable best efforts to timely and accurately file Section 16 reports on behalf of the undersigned, the Company does not represent or warrant that it will be able to in all cases timely and accurately file Section 16 reports on behalf of the undersigned due to various factors and the undersigned and the Company's need to rely on others for information, including the undersigned and brokers of the undersigned.

IN WITNESS WHEREOF, the undersigned had caused this Power of Attorney to be executed as of this 24th day of September, 2012.

By: /s/ G. Adam Unfried

Name: G. Adam Unfried